

# Curriculum Map: PERSONAL DEVELOPMENT

Nothing Short of Remarkable  
We are Ambitious • We are Committed • We are Proud



	Year 7	Year 8	Year 9	Year 10	Year 11
Term 1	<p><b>TOPIC/KNOWLEDGE</b> Life Beyond School – An introduction: Students will be able to recognise how transitions in their lives can have an impact on them. Students will begin to think about their future and what career they would like.</p> <p>Puberty and body development: Students will start to learn and understand what puberty is and what this can look/feel like. Students will be able to name parts of the reproductive system.</p> <p>Politics and parliament: Students will understand why parliament exists and why it is important.</p> <p>Throughout this term, students will use 'Unifrog' to embed their careers education.</p> <p><b>SKILLS</b> Discussion and expressing opinions in a respectful way. Students will be able to articulate facts.</p>	<p><b>TOPIC/KNOWLEDGE</b> Introduction to careers: Students will learn what a career is and investigate their job interests. They will understand how social media can impact their self-esteem.</p> <p>Physical health and mental wellbeing: Students will discuss what mental and physical health is. They will look at what body image means and how this can impact them.</p> <p>Law, crime, and society: Students will understand how to best make decisions and how laws are made in the UK.</p> <p>Throughout this term, students will use 'Unifrog' to embed their careers education.</p> <p><b>SKILLS</b> An understanding of the basic political system and law-making system in the UK.</p>	<p><b>TOPIC/KNOWLEDGE</b> Essential life skills: Students will learn about saving and managing money and the importance of this. They will look at how online pressures can lead to stress.</p> <p>Body confidence: Students will investigate self-esteem changes and how they can notice this. They will also learn about different types of bullying.</p> <p>Combatting extremism and terrorism: Students will learn about terrorism; how we can spot signs of radicalisation and what counter terrorism is.</p> <p>Throughout this term, students will use 'Unifrog'.</p> <p><b>SKILLS</b> Gaining a knowledge of the government system in the UK and understanding what PREVENT is and what it means for them.</p>	<p><b>TOPIC/KNOWLEDGE</b> Rights and responsibilities: Students will learn about consumer rights and targeted advertising. They will also gain an understanding of marriage and what it means.</p> <p>Mental health and wellbeing: Students will learn how social media plays a role in their mental health. They will understand 'screen time' and how this can affect them.</p> <p>Exploring British Values: Students will learn what 'fake news' is and how to spot this. They will look at rights in the UK.</p> <p>Throughout this term, students will use 'Unifrog'.</p> <p><b>SKILLS</b> A knowledge of how their mental health can be affected.</p>	<p><b>TOPIC/KNOWLEDGE</b> Your future and beyond: Students will learn about time management and CV writing. Students will look at personal statements.</p> <p>Adult health and looking after yourself: Students will learn about abortion and the impact of parenthood.</p> <p>Throughout this term, students will use 'Unifrog' to embed their careers education.</p> <p><b>SKILLS</b> Writing a CV Completing an application form. How to contact education providers in an appropriate and professional manner. Time management and prioritising. Organisation and revision skills. How to communicate difficulties and seek support.</p>

<p><b>Term 2</b></p>	<p><i>TOPIC/KNOWLEDGE</i>            Staying safe online and offline:            Students will learn about the dangers of society both on and offline. They will know the dangers of online gaming, drugs and alcohol.</p> <p>Celebrating differences:            Students will understand how they can help break down stereotypes and understand what the equality act is.</p> <p>Throughout this term, students will use 'Unifrog' to embed their careers education.</p> <p><i>SKILLS</i>            The main intention is to raise awareness of drugs and associated problems regarding health and society. The topic should inform students of the risks so that they are able to make informed decisions as they grow up and to keep themselves safe.</p>	<p><i>TOPIC/KNOWLEDGE</i>            Dangerous society online and offline:            Students will understand the dangers of substance misuse and how cyber-bullying and online grooming is dangerous.</p> <p>LGBTQIA+ explored:            Students will be able to recognise the signs of homophobia and discuss how to challenge this. Students will also understand how we can support people in the LGBTQIA+ society.</p> <p>Throughout this term, students will use 'Unifrog' to embed their careers education.</p> <p><i>SKILLS</i>            An understanding of the challenges that may face someone who is LGBTQIA+.</p> <p>Being able to explain what is dangerous online and how to avoid this.</p>	<p><i>TOPIC/KNOWLEDGE</i>            Legal and illegal drugs:            Students will learn about different types of addiction and learn about different illegal substances. Students will learn what a 'party' drug is.</p> <p>Celebrating Diversity – Protected Characteristics            Students will learn about prejudice and discrimination in relation to protected characteristics such as race and disability.</p> <p>Throughout this term, students will use 'Unifrog' to embed their careers education.</p>	<p><i>TOPIC/KNOWLEDGE</i>            Violence, crimes, and seeking society:            Students will learn about honour-based violence, forced marriages, and online gambling. They will learn how to keep data safe.</p> <p>Exploring world issues:            How international aid works. They will learn about the 'Me Too' movement and women's rights.</p> <p>Throughout this term, students will use 'Unifrog' to embed their careers education.</p> <p><i>SKILLS</i>            Describe what a forced marriage is and what honour-based violence is. They will be able to explain how international aid works.</p>	<p><i>TOPIC/KNOWLEDGE</i>            Sexual health:            Students will be able to define and understand 'peer on peer bullying', what affects fertility and how alcohol can impact on decisions. Students will revisit learning about STIs and contraception.</p> <p>Staying safe:            Students will revisit learning about 'party drugs' and begin to learn about their online footprint and reputation.</p> <p>Throughout this term, students will use 'Unifrog' to embed their careers education.</p> <p><i>SKILLS</i>            To understand what a healthy relationship looks like and the importance of sexual health.</p>
<p><b>Term 3</b></p>	<p><i>TOPIC/KNOWLEDGE</i>            Friends, respect and relationships:            Students will know what 'consent' means and how important this is. Students will be able to describe what makes a good friend and explain why some relationships aren't positive.</p>	<p><i>TOPIC/KNOWLEDGE</i>            Identity, relationships, and sex:            Students will learn about contraception and what a healthy relationship looks like. They will also study gender identity and sexual orientation.</p> <p>Throughout this term, students will use 'Unifrog' to embed their careers education.</p>	<p><i>TOPIC/KNOWLEDGE</i>            Sex, the law, and consent:            Students will know what consent is. Students will learn about FGM and the law, and STIs.</p> <p>Contraception and STIs:            Students will learn how STIs can be treated. Students will gain knowledge into what sexual harassment is and how to report this.</p>	<p><i>TOPIC/KNOWLEDGE</i>            Exploring relationships and sex:            Students will learn about campaigns against FGM. They will understand the difference between porn and real life. Students will learn the signs of domestic abuse.</p> <p><i>SKILLS</i></p>	<p><i>TOPIC/KNOWLEDGE</i>            Staying safe:            Students will continue with their study of drugs and keeping themselves safe online. They will learn what 'new psychoactive drugs' are. Students will also look at cosmetic surgery.</p> <p><i>SKILLS</i>            Students will understand the dangers of festival drugs</p>

	<p>Throughout this term, students will use 'Unifrog' to embed their careers education.</p> <p><i>SKILLS</i> Students will know what a healthy relationship looks like. Students think about different cultures around them and how people of different faiths worship.</p>	<p><i>SKILLS</i> Students will build on their prior knowledge of what a healthy relationship looks like. They will also explore gender identity and look at dealing with conflict. Students will begin to gain an understanding of contraception.</p> <p>Students have knowledge of how different religions and cultures look at 'peace and conflict'.</p>	<p>Throughout this term, students will use 'Unifrog' to embed their careers education.</p> <p><i>SKILLS</i> The remainder of the year will be spent looking at RSE in more depth. Students will gain an understanding of sexual health; contraception; HIV and AIDS; and sexual consent and the law. Students will build on prior knowledge about sex and relationship</p>	<p>Describe the importance of consent in a relationship. Students will understand the issues between science and religion.</p>	<p>and look at substance addiction.</p>
Career Pathways					